

## VENUS FREEZE

### **PRE / POST CARE**

#### **DAY OF TREATMENT:**

If you have an active cold sore or skin infection the day of your treatment, please call our office to reschedule your appointment.

Please arrive 30 minutes before your 1st treatment to sign consent forms & have your photos taken.

If possible, do not apply makeup, lotions, moisturizers etc to your treatment area. Cleansers are available for you to remove these products at our office.

After your treatment, you may feel slightly tender & red. Swelling may occur. We do not want you to use ice or cold compresses after your treatment unless advised by our laser specialist.

You may apply makeup and sunblock immediately after your treatment.

#### **POST CARE**

You may experience temporary mild swelling and/or redness for a few hours after treatment.

Ice or cooling packs should be avoided in order to maximize your treatment response. Pain medication is not needed after your treatment. Aloe Vera gel may be applied immediately after your treatment and as needed to help soothe the skin. We also carry skin care products for post laser treatments.

An SPF 30+ sunblock with Zinc Oxide will be applied after your treatment. You should continue to apply sunblock daily to optimize results and minimize irritation.

Makeup may be applied immediately following treatment.

A gentle non-exfoliating cleanser and light moisturizer should be used the day of treatment. Your normal skin care regime may be resumed the day after treatment or as directed by our clinical staff.

If you receive Botox, Dysport, dermal filler injections and/or chemical peels, these can be resumed 1-2 weeks after your treatment.

Post-procedure skincare regimen will be suggested by our laser specialists in order to enhance the effectiveness of your laser treatment and minimize complications. We recommend following protocol which is consistently doing your treatments one week apart to get the maximum results. If not, results will vary.

Don't forget to schedule your next treatment. We will be happy to coordinate follow-up appointments around your schedule to minimize any inconvenience.